

HAPPY HOLIDAYS

AND A HAPPY NEW YEAR!

In 2013...

- We completed the first game in the Cognitive Repair Kit, and will continue testing this and other games to help sharpen mental skills in 2014.
- We have started recruiting participants for the Skills to Help Attention Recover in Parkinson's (SHARP) clinical trial.
- Dr. Gail Eskes gave many public talks, including her 'Healthy Minds' series at the Halifax Public Library, as well as being on several radio shows on CBC.

News!

Please welcome our newest lab member, Lindsay. She is a graduate student in the Clinical Psychology program at Dalhousie University. Lindsay completed her B.Sc. at York University and is interested in developing and testing cognitive assessment and rehabilitation tools for clinical populations. In her free time, she enjoys being with friends and family, going rock climbing, reading comic books and crafting. Welcome Lindsay!



This special time of the year gives us the opportunity to thank you for your interest in our research and your participation in one or more of our studies. Without you, we would not be able to move forward with our work, finding new and innovative ways to improve attention and memory.

Feel free to contact us any time if you have questions or want to participate in more studies, or visit our [website](#) for more information.

We hope to continue to work and engage with you more in the new year! Happy holidays!

Yours, the Eskes Lab

