

Help us discover...

Skills to Help Attention Recover in Parkinson's



Capital Health



DALHOUSIE
UNIVERSITY
Inspiring Minds

Funded by:



Parkinson Society Maritime Region
Soci t  Parkinson Regional Maritime

What is the purpose of our study?

- Movement difficulties are not the only symptoms of Parkinson's.
- Some people with Parkinson's have trouble paying attention or holding information in their minds in order to do a task, such as reading, or listening to a conversation.
- In this study, we are asking if daily mental exercises can improve thinking and daily activities.

How is the study being done?

- If you agree to be in this study, you will be randomly assigned (like the flip of a coin) to one of two groups.
- Both groups will do daily mental exercises on a computer, but the exercises will differ in certain ways.
- After 5 weeks, the exercises will be switched between groups.
- The groups will be compared at different time points over the course of the study to see if either type of exercise is better.
- Altogether, you will be asked to be in this study for about six months.

Can I participate?

For this study to be right for you, all of these must apply:

- Most of your symptoms are on one side of your body
- You've noticed changes in your thinking or memory
- Your medications haven't been changed recently
- You don't have other problems that affect your mood

How do I get more information?

For more information, please contact:

Janet Green, Research Coordinator

Telephone: (902) 494-4033

E-mail: Janet.Green@dal.ca